

**WNYCPC Community Services**  
**Family Support Group**

**Buffalo Outpatient Center**  
**575 Alberta Drive, Suite 2**  
**Amherst, NY 14226**

(Door is on Bailey Avenue side of building  
at the end of Ashley Furniture Store)

Meets the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each  
month from 7:00 PM to 9:00 PM

**February 9<sup>th</sup> & 23<sup>rd</sup>**  
**March 8<sup>th</sup> & 22<sup>nd</sup>**  
**April 12<sup>th</sup> & 26<sup>th</sup>**  
**May 10<sup>th</sup> & 24<sup>th</sup>**  
**June 14<sup>th</sup> & 28<sup>th</sup>**  
**July 12<sup>th</sup> & 26<sup>th</sup>**  
**August 9<sup>th</sup> & 23<sup>rd</sup>**  
**September 13<sup>th</sup> & 27<sup>th</sup>**  
**October 11<sup>th</sup> & 25<sup>th</sup>**  
**November 8<sup>th</sup>\***  
**December 13<sup>th</sup> & 27<sup>th</sup>**

\*Please note that there is only one meeting  
in November due to Thanksgiving

**Family Bowling Night**  
**Friday, Sept. 21st**  
**Bowl Inn**  
**727 Bailey Avenue**  
**6-8:30 pm**

**Veterans Programs**

**Operation C.O.M**  
*Serving Children of the Military*

An interactive program created to support  
our children of the military. Designed to  
establish positive coping skills to help  
children deal with the stresses of  
deployment, encourage them to express their  
feelings, strengthen their self-confidence,  
and have lots of fun. FREE.

For more information call (716) 886-1242  
ext. 313

**Child care is available for  
all support groups  
Must RSVP at  
(716) 886-1242 ext. 313**

**Also check out the Child & Family  
Support Program page on  
Facebook!**



**Support Group Schedule**

**Mental Health Association of  
Erie County, Inc.**  
999 Delaware Avenue  
Buffalo, NY 14209

Phone: (716) 886-1242  
Fax: (716) 881-6428

[www.eriemha.org](http://www.eriemha.org)



## **THE CHILD & FAMILY SUPPORT PROGRAM (CFSP)**

*A peer run program within the Mental Health Association (MHA) of Erie County, Inc. focuses on issues affecting families who have a family member that has an emotional, behavioral, or mental health challenge.*

### **Family Support Group** **Youth Peer Support Group**

**999 Delaware Avenue  
Buffalo, NY 14209**

Meets the 1<sup>st</sup> Friday of each month from  
6:00 PM to 7:30 PM

**March 2<sup>nd</sup>**

**\*April 13<sup>th</sup> (Second Friday)**

**May 4<sup>th</sup>**

**June 1<sup>st</sup>**

**July 6<sup>th</sup>**

**\*Thursday, August 2<sup>nd</sup> Family Picnic  
Sheridan Park, Shelter 2**

**September 7<sup>th</sup>**

**October 5<sup>th</sup>**

**November 2<sup>nd</sup>**

**December 7<sup>th</sup>**

Youth group meets at the same time in a  
separate room

**\*Change in date or location**

## *Save the Dates!*

### **Mental Health Association of Erie County, Inc. 50<sup>th</sup> Anniversary Celebration**

Wednesday, May 16<sup>th</sup>, 2012 from 5:00 PM  
to 8:00 PM at The Statler Golden Ballroom  
in Downtown Buffalo

### **Children's Mental Health Awareness Conference**

Thursday, May 10<sup>th</sup>  
at the Hyatt Regency Hotel  
2 Fountain Plaza  
Buffalo, NY

### **Road 2 Recovery 5K Run**

Friday, July 20<sup>th</sup>, 2012  
Starts at 6:30 PM from St. George's Church  
in Delaware Park

*The Road 2 Recovery Mental Health 5K Run  
and Wellness Walk is an all-volunteer  
community group effort of providers,  
consumers, families, and caring supporters  
committed to promoting awareness and  
raising funds for mental health research,  
rehabilitation, and recovery in Western New  
York.*

### **20 Something Group**

A social support group for young adults 18  
years of age and up

**999 Delaware Avenue  
Buffalo, NY 14209**

Meets the 3<sup>rd</sup> Friday of each month from  
6:00 PM to 7:30 PM

**March 16<sup>th</sup>**

**April 20<sup>th</sup>**

**May 18<sup>th</sup>**

**\*June 15<sup>th</sup>**

**\*July 20<sup>th</sup>**

**\*August 2<sup>nd</sup>**

**\*September 21<sup>st</sup>**

**October 19<sup>th</sup>**

**November 16<sup>th</sup>**

**\*December 28<sup>th</sup>**

\*All groups meet at MHA unless otherwise  
specified by an asterisk - For more  
information, call (716) 886 – 1242

### **Sweet Home Family Support Group**

For caregivers that have a child with  
emotional or behavioral challenges

**Sweet Home Family Support Center  
1901 Sweet Home Road  
Amherst, NY 14228**

Meets the last Monday of every month  
6:00-7:30 pm